

## Changes to the Post Retirement Benefits Legacy Plan for Public Service Pension (PSPP) Plan Retirees

Updates to the OPS Post Retirement Benefits (PRB) Legacy plan (Policy No.157836 & Policy No.169493) include increased coverage for services of a psychologist and other paramedical practitioners effective January 1, 2022.

### Psychological Services

**Effective January 1, 2022:** the per half-hour cap for the services provided by a psychologist, including services of a practitioner registered with a Master of Social Work (MSW) designation, will increase from \$40 to \$80, and the annual maximum will increase from \$1400 to \$1600.

Any eligible claims incurred since January 1, 2022, that have already been submitted to Canada Life, will be re-assessed automatically based on the new psychological services caps without any further submission by a plan member.

### Speech Therapy Services

**Effective January 1, 2023:** the per half-hour cap for services of a speech therapist will increase from \$25 to \$30; the annual maximum of \$1400 remains unchanged.

**Effective January 1, 2024:** the per half-hour cap for services of a speech therapist will further increase from \$30 to \$35; the annual maximum of \$1400 remains unchanged.

### Other Paramedical Services

**Effective January 1, 2023:** the per visit cap for services of a licensed chiropractor, osteopath, naturopath, podiatrist, physiotherapist and masseur will increase from \$25 to \$30; the annual maximum of \$1200 per type of practitioner remains unchanged.

**Effective January 1, 2024:** the per visit cap for services of a licensed chiropractor, osteopath, naturopath, podiatrist, physiotherapist and masseur will further increase from \$30 to \$35; the annual maximum of \$1200 per type of practitioner remains unchanged.

### Centre for Public Sector Labour Relations and Compensation

Broader Public Sector Oversight and Compensation Division  
Treasury Board Secretariat  
March 2022

# Fact Sheet



## RESOURCES:

**For inquiries about benefits claims please contact the insurance carrier:**

**Canada Life:**

Phone: 1-800-874-5899

Website: [www.canadalife.com](http://www.canadalife.com)

**For questions about enrolment, please contact the pension administrator:**

**Ontario Pension Board (OPB) – Retiree Experience:**

Phone: 416-364-5035 or 1-800-668-6203 (Toll Free)

Website: [www.OPB.ca](http://www.OPB.ca)

Email: [clientservice@opb.ca](mailto:clientservice@opb.ca)